

UH Community College Leadership Champions (CCLC) Touchstones for Achieving a Successful Academic Year

CCLC Generation 12 Capstone Project featuring Parker Palmer's Touchstones

2016 - 2017

### UH Community College Leadership Champions (CCLC)

### CCLC is open to all UHCC faculty and staff

### What is the Mission of CCLC?

The mission of the University of Hawai'i Community College Leadership Champions (CCLC) is to identify, encourage, develop, and support the next generation of community college leadership.

### What are the goals of CCLC?

The goals of CCLC are to identify and encourage individuals to engage in leadership roles; to develop creative dynamic leadership committed to the core values of the UHCCs and to support an atmosphere of leadership among faculty, staff, and administration.

For more information about CCLC, visit http://leadership.uhcc.hawaii.edu/

### **Begin Your Path Towards Leadership**

- Strive to be the best at your job. Fulfill your primary duties and work with passion, integrity and a willingness to be part of a team.
- Be innovative and seek out ways you can help your campus and its students to achieve their goals.
- Find a mentor who is caring, experienced, and successful.
- When you are ready, volunteer to serve in division leadership positions (i.e. division rep for Campus Council, DPC, Faculty Senate, Curriculum Committee)
- When you are ready, volunteer to serve in campus leadership positions (i.e. Faculty Senate Chair, Curriculum Committee Chair) or coordinate campus events.
- Nominate yourself when nominations are open in March. Watch for the announcement made via the campus listserv.
- If you are not selected, try again the next year.



### Extending and presuming welcome...

We all learn most effectively in spaces that welcome us. Welcome others to this place and this work, and presume that you are welcomed as well.

#### Carrie Beth Mospens, ESL Instructor - Hawai'i CC, CCLC Generation 12

*Kīpaepae* refers to steps for entering a house and it is the term used for the welcome ceremony depicted in the photo above. The beauty of the ceremony rests in its inclusiveness, for as one "enters the house" one becomes part of the *kauhale*, the village. This inclusiveness lends itself to the sharing of skills, knowledge and experiences, in turn fostering learning.

# August 2016



Sun	Mon	Tue	Wed	Thur	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Official Faculty Duty Start Date	16	17	18	<b>19</b> Holiday - Statehood Day	20
21	22 First Day of Instruction	23	24	25	26	27
28	29	30	31			



#### Carrie Beth Mospens, ESL Instructor - Hawai'i CC, CCLC Generation 12

When I began CCLC, it was not uncommon for me to try to get into my office with my house key, and it was clear that I did not have balance in my life. However, gradually, I learned to live in the present by acknowledging and appreciating the moments of life. While there will always be plenty of work to attend to, it isn't every day that you can see the top of Mauna Kea.

## September 2016



Sun	Mon	Tue	Wed	Thur	Fri	Sat
				1	2	3
4	<b>5</b> Holiday - Labor Day	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	



Listen deeply. Listen intently to discover the feelings beneath the words. Ask questions that are honest and open after you give yourself a chance to reflect on what was said.

#### Evelyn Kamai, Language Arts Division Secretary - Leeward CC, CCLC Generation 12

CCLC has helped me to recognize that everyone has a place in helping our students achieve their educational goals. When we take the time to listen to others, we are recognizing their value and their truth. Make the most of these opportunities. Listen deeply and don't think about your response while you are listening. Take the time to reflect on what was said and when you respond, don't validate or negate what was said. You should not judge or try to fix anything. Instead, ask honest and open questions that will help that person hear what they are saying.

### October 2016



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
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### Jenny Webster, English Instructor Windward CC, CCLC Generation 12

Much of the important work of figuring out who we are and who we are becoming as leaders, as people, as life-long learners is an introspective journey. Sharing can happen in many ways; it mustn't always be out loud. I find that when I extend this generosity to my students in the classroom, when the threat of mandatory public pronouncement is taken off the table, students are free to be present, to listen and to reflect in a safe space, without fear.

#### What is offered in the circle is by invitation, not demand.

This is not a "share or die" event! During this time, do whatever your soul calls for, and know that you do it with our support. Your soul knows your needs better than we do.



### November 2016

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3	4	5
6	7	8 Holiday - Election Day	9	10	11 Holiday	12
13	14	15	16	17	Veterans Day 18	19
20	21	22	23	24 Holiday	25 Non-instructional Day	26
27	28	29	30	Thanksgiving		

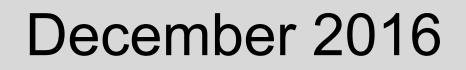


### No fixing, saving, advising or correcting each other...

Kapi`olani Community College's beautiful star compass located next to the Great Lawn is symbolic in helping others to navigate their way, as is the touchstones, which can guide faculty and staff with navigating their way through careers and life. By listening to my inner voice I manage to find my way through life.

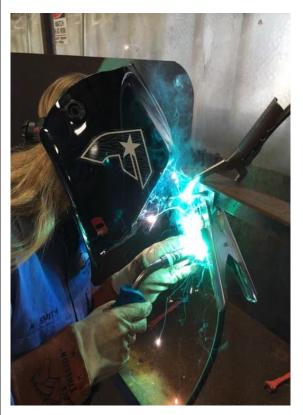
#### Mae Dorado, Asst Professor of Health Sciences and Medical Assisting - Kapi`olani CC, CCLC Generation 12

I have found in my fifteen years of teaching that we should not be looking to fix each other but ourselves. As I plan out my classroom lessons and activities semester after semester, I have found that teaching a course the exact same way never works...along with forcing others to understand your way is the ONLY way...it's difficult to conform others due to student diversity, varying perspectives and changing attitudes. Instead find ways to find a common ground, to improve through valuable feedback from students and peers. Take the time to see how you can change your methods of teaching to match the personality and learning style of others. You'll earn their respect and it will keep you with an open mind. Don't be so worried about fixing others!





Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2	3
4	5	6	7	8 Last Day of Instruction	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Attend to your own inner teacher. We learn from others, of course. But as we explore poems, stories, questions, and silence in a circle of trust, we have a special opportunity to learn from within. So pay close attention to your own reactions and responses, to your most important teacher.



#### Dennis Pajela, UH Educational Specialist Auto Body Repair - Honolulu CC, CCLC Generation 12

Being a part of UH Community College Leadership Champions (CCLC) has enabled myself to become more open minded and helped me establish confidence in teaching and speaking in front of an audience. It gave me the opportunity to experience what other community college champions mastered as their own inner teacher. In absence of this, I wouldn't have gained friendships and find inspirations to fuel my passion that will last a lifetime.

# January 2017



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	<b>2</b> Official Faculty Duty Start Date	3	4	5	6	7
8	9 First Day of Instruction	10	11	12	13	14
15	<b>16</b> Holiday - Martin Luther King Jr Day	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Find laughter... We don't want to laugh at others, but rather, laugh with others. Laughter brings us closer together, allows us to refuel, and helps us to find new perspectives to shared dilemmas.

# February 2017

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 Holiday - Presidents Day	21	22	23	24	25
26	27	28				



### Speak your truth in ways that respect other people's truth.

Our views of reality may differ, but speaking one's truth in a circle of trust does not mean interpreting, correcting or debating what others say. Speak from your center to the center of the circle, using "I" statements, trusting people to do their own sifting and winnowing.

#### Jenny Webster, English Instructor - Windward CC, CCLC Generation 12

While it is important, when entering a new community, to spend much time listening to others before trying to change things, there is also a time to speak. Too often, non-tenured faculty and staff are warned to keep their heads down and stay quiet if they want to get a promotion or tenure. I encourage you to pay heed, instead, to your inner voice, your inner teacher, to speak when it is time. We must always practice respect and kindness, but we must not pretend to be who we are not and stay silent in the face of challenges. We must become leaders sometimes before it is perfectly safe.

## March 2017



WINDWARD COMMUNITY COLLEGE

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21 Spring F	22 Recess - Mar 2	23 0 - 24	24	25
26	<b>27</b> Holiday - Kuhio Day	28	29	30	31	

Silence is a gift in our noisy world, and a way of knowing in itself. Treat silence as a member of the group. After someone has spoken, take time to reflect without immediately filling the space with words.

- Keep records of what you are doing.
- Remember that professional development is important.

Respect

- Find a "Senior" faculty/staff member that you respect and get along with to act as a friend and confidant.
- Sleeping eight hours a night leads to greater (not less) productivity.
- Time management is not about working longer and harder to get everything done, it's about realizing there will always be more work than time and prioritizing the truly important over the seemingly urgent.
- Gratitude leads to joy and it occurs when we choose to focus on the vast majority
  of things that are going well every day (instead of fixating on minuscule errors
  and what didn't get done).
- Take time to relax and enjoy your family and friends. It's easy to get consumed by work, do your best to save at least one day a week for yourself.

Mario Ruiz Information Technology Specialist - Kauai Community College, CCLC Generation 12

# April 2017



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
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9	10	11	12	13	<b>14</b> Holiday - Good Friday	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

#### Observe deep confidentiality

Kapiolani Community College's annual Health-E Fair is open to the community; encouraging student, faculty and staff interactions with the public and each other.

Medical Assisting students conduct health care screenings which assist in practicing their soft skills and developing communication skills with others which can require handling patient interactions appropriately and practicing confidentiality of sensitive information.



#### Mae Dorado, Assistant Professor of Health Sciences and Medical Assisting -Kapi`olani CC, CCLC Generation 12

Working with others is one of the many wonderful facets of life. As educators, we deal with diverse populations and varying attitudes; I learned that you will encounter others you may not get along with and certainly cannot make everyone happy. To get along with others is to do your best to encourage great communication skills with others, especially your colleagues, by observing deep confidentiality meaning to listen to others, not just with our ears, but with our eyes, and earn each other's trust with the use of positive body language when responding or communicating. Maintain a filter by not spreading gossip or involving others in matters for which they are not involved. Keep this in mind to maintain a healthy, happy work life.

# May 2017



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1	2	<b>3</b> Last Day of Instruction	4	5	6
7	8	9	10	11	12	13
14	<b>15</b> Official Faculty Duty End Date	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### When things get difficult, turn to wonder.

This year and in years to come, you will be faced with challenges. Rather than becoming judgmental, disagreeable, or shutting down in defense, try turning to wonder and reflecting: "I wonder what brought her/him to this place?" "I wonder what my reaction teaches me?" "I wonder what he/she is feeling right now?" When we can separate our emotions from the situation and step back, things may become a little clearer and more manageable.



### Kari Luna Nunokawa - UH Maui College, CCLC, Generation 12

There will, without a doubt, be many instances where you will not agree with someone, something, or some situation on campus. CCLC has taught me to stop and reflect upon the other person as well as my own feelings. This way you remove yourself from immediately going to a negative space. Other views will be evident after taking time to wonder about yourself and about others involved. Don't be afraid to ask for clarity as well. Honor how you feel, acknowledge it and keep moving forward.

## June 2017



### UNIVERSITY of HAWAI'I®

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
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25	26	27	28	29	30	



### Practice Slowing Down...

It is important to always remember to take care of yourself. By intentionally practicing to slow down and take time for oneself, we strengthen and nurture from within.

#### Kari Luna Nunokawa - UH Maui College, CCLC, Generation 12

One of the best parts of CCLC was the two day retreat. It was a great opportunity to learn about the touchstones that have shaped this calendar. From the retreat, I truly learned the value of slowing down, reflecting, and connecting with who I was. We all need to be reminded to take time for ourselves. By nurturing our bodies, minds, and souls, we can become our best selves.

# July 2017



### UNIVERSITY of HAWAI'I® MAUI COLLEGE

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### UH Community College Leadership Champions Generation 12

















